## Feng Shui

## Combat Summer's Fiery Heat With the Water Element to De-Stress Summer

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WEALTH & PROSPERITY "Gratitude" REAR LEFT <u>Wood</u> Blues, purple & reds	FAME & REPUTATION "Integrity" REAR MIDDLE <u>Fire</u> Reds	LOVE & MARRIAGE "Receptivity" REAR RIGHT <u>Earth</u> Reds, pinks, & whites
HEALTH & FAMILY "Strength" MIDDLE LEFT <u>Wood</u> Blues & Greens	CENTER <u>"Earth"</u> Yellow & earth tones	CREATIVITY & CHILDREN "Joy" MIDDLE RIGHT <u>Metal</u> White & Pastels
KNOWLEDGE & SELF CULTIVATION "Stillness"	CAREER "Depth"	HELPFUL PEOPLE & TRAVEL "Synchronicity"
FRONT LEFT <u>Earth</u> Black, blues & greens	FRONT MIDDLE <u>Water</u> Black & dark tones	FRONT RIGHT <u>Metal</u> White, grey & black

The Bagua Map: Front Door

Red colored water lily flowers bring the balance to the water element.

In terms of home, the water element works best in the front of the house near the front door to activate life for the entire residence, but water is also needed in the areas also governed by the wood element. The middle left area of new beginnings and family and the far left area of wealth and prosperity both need a water element to be energized.

Make sure to go to this far left area of your home and see what is here now? A bathroom might be draining your wealth, so paint it a blue, a water color. Do you have a cluttered storage room or closet? This represents a lack. Clean this area and banish clutter. If you need professional help for de-cluttering this or any area of your home, remember there are professionals who know how to help.

However you plan to spend the summer, make sure you look around your home and see that the water element is represented and placed in appropriate Bagua areas. The best part is enjoying your new water fountain while you sip ice tea with mint under a tree in your backyard. Let the summer begin! Michele Duffy, BTB M.F.S. is an Orinda resident who, since 1999, enjoys creating "Space as Medicine" Feng Shui one space at a time, as well as hiking in nature, cooking, and spending time with her family; Canyon Ranch Feng Shui Master, International Feng Shui Guild (IFSG) Red Ribbon Professional. To schedule a professional 2015 Feng Shui Consultation, contact





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Michele at (520) 647-4887 or send an email to spaceharmony@gmail.com.